

The **Energetic Alignment** is a non-invasive, no-touch method of moving the spine to straighten the spinal column and address issues that, for many people, go back to the day they were born when the trauma of childbirth set the stage for various conditions. Most common is the undetected difference in the length of both legs which throws the entire body off balance.

This alignment is different from a chiropractic alignment, in that there is no physical manipulation, and most people need only one alignment and do not ongoing appointments.

When the **Energetic Alignment** is combined with acupressure to address constricted muscles and trigger points, a few more appointments may be recommended to ensure the muscles “unlearn” their position when pain is present.

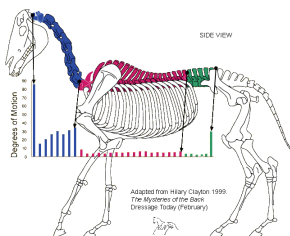


**Client Before
Treatment**



**Client After
Treatment**

EQUINE SPINE TREATMENT



About The Muscle Worker - Lissy

It was her love of horses and her frustration with her “unpredictable” gelding that inspired Lissy to learn the art of energy healing. Lissy studied a natural healing technique focusing on the energetic alignment (Begradigung) that has been widely accepted for many years in Germany. Lissy is a Reiki master who also teaches individuals to work on people and horses.

She is a native of Germany, moved to Vancouver Island in 1994, where she and her husband, Thomas are raising their two daughters and many four-legged family members.



Lissy Rauber

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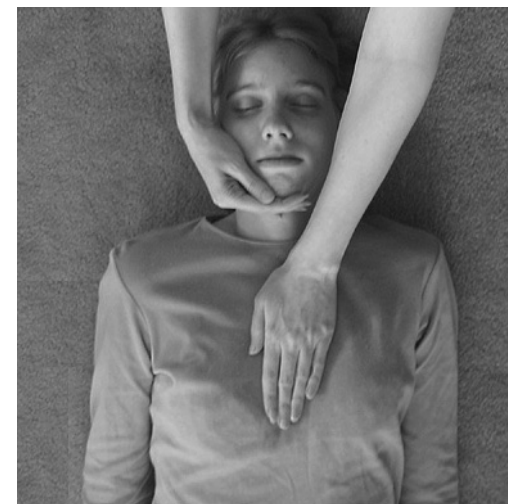
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HELARION ENERGETIC ALIGNMENT

Healing Hands



...Changing Lives

Pain is something that many people...and animals... just “live with.” They become accustomed to a certain discomfort, limit their activities to avoid and causing more pain, and their bodies “learn” to compensate.

Chronic pain, impaired motion (and imbalanced emotions, in some cases) will continue to exist indefinitely, however, unless the pain is addressed, not masked, and the body is encouraged to heal itself.

That’s where Helarion Energetic Healing fits in.

While Western medicine often “treats” pain and various conditions with prescription medicine to reduce symptoms, practitioners of Traditional Chinese Medicine and Natural Health treat the entire person to open the body’s natural energy channels (meridians) and rebalance the body’s energy (qi) so natural healing can occur without long-term reliance on medicines.

A natural healing practitioner, Lissy Rauber combines her training and years of experience in energy work and acupressure to help humans and equine clients experience improved balance and health, with many experiencing freedom from pain for the first time in years.

The energetic alignment (Begrädigung), a procedure widely accepted throughout Germany and other European countries where Lissy was trained, is at the core of her treatment plan.

The energy work and acupressure targeting trigger points work together to straighten the mis-aligned area of the body naturally and painlessly...release tension in constricted muscles, and improve circulation to promote ongoing healing. And, the results speak for themselves.

German Energetic Alignment & Acupressure Combined To Reduce Pain & Improve Spirits . . . For People and Horses



“She unfroze my shoulder with her acupressure within two treatments, and the alignment and my pain decreased greatly, so I no longer need pain medication and life is returning to normal.” Richard, a Courtenay resident said he suffered from pain and limited range of motion for years after two shoulder surgeries and months of physiotherapy, with second opinions offering no encouragement.

Richard Neveaux

“Thank you so much for helping Roscoe. Wow! He acts so much happier and younger too! Now when he plays with the other two horses, he initiates the fun, chasing and leaping in the air (all four feet!). This is so different than he was before the treatment, I almost can’t believe it. Now when we take him out for a ride he is perky, head up, interested in everything and moving so much better, he has a nice stride to his walk now. I guess I have to believe, because horses don’t lie!”

Bonnie Hull

“I was in agony for many years and was prescribed stronger and stronger painkillers to deal with my hip and back pain that was caused by my legs being different in length. After the energetic alignment and acupressure, I am doing much better now...it seems like a miracle.”

Ellen Stolting

“Charlie is doing well with no more stiffness and he has been a pleasure to ride ever since you aligned him.”

Missy, horse owner

“Several years ago, I was having problems with my elbow due to the repetitive stress on the joint involved in my work. I had tried many conventional methods for relief, but nothing was really helping, and I was taking pain-killers to get through the worst of it. I went to Lissy Rauber, and, after the first treatment, the pain had decreased drastically, and I was able to use my arm freely. I now go for treatments regularly, and in addition to remaining free from pain, I find that my balance has improved and I am able to ride my horse more comfortably and correctly.”

Jim, farrier

“It seems that lower back pain was just a way of life given my 25+ years in construction. Then the farrier told me about Lissy. She showed me how much my back was out of alignment, pushed and pressed in really sore spots, and then the next day it was like magic—the stiffness and discomfort were completely gone. Even when heavy lifting caused a flare-up, she fixed it again in one treatment.”

Steve Touhey

